Race Date
January 12, 2019

Are You Able 5K

Age Group Results

5K

Female Open Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Ansley Bos		24	415	3	19:57.7
2	Brittany Hayden	Birminghbiam AL	32	419	4	19:57.8
3	Laine Villarreal	Birmingham AL	28	183	9	21:40.4

Female Masters Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Jennifer Christy	Birmingham AL	49	209	13	22:38.8
2	Marguerite McCowan	Birmingham AL	48	352	57	29:53.2
3	Amy Pearman	Birmingham AL	48	219	68	33:19.6

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Age Group Results

5K

Female No Age Provided

Place	Name	City	Age	Bib No	Overall	Time
1	Naomi Washington			437	51	28:59.4
2	Barbara Kiousis	Birmingham AL		402	81	36:17.9
3	Katy Hutto			440	95	39:38.8

Female 15 to 19

Place	Name	City	Age	Bib No	Overall	Time
1	Abbi Pearman	Hoover AL	17	220	29	26:00.3
2	Abigail Wilson	Steens MS	17	200	84	36:49.7
3	Marie Johnson		18	428	92	39:11.3
4	Marina Moore		18	427	93	39:11.4

Female 20 to 24

Place	Name	City	Age	Bib No	Overall	Time
1	Mallory Schmidt	Decatur AL	24	353	15	23:08.1
2	Erin Rooney	Hoover AL	22	381	33	26:32.9
3	Taylor Peebles	Birmingham AL	24	215	40	27:29.9
4	Meg Artigues	Birmingham AL	24	216	52	29:00.8
5	Rebecca Sparks	Birmingham AL	23	346	69	33:25.0
6	Callie Blitz	Birmingham AL	24	182	70	33:29.5
7	Karli Miller	Mc Calla AL	23	425	79	36:15.1
8	Alexa Womack	Birmingham AL	23	390	88	37:13.7
9	Hayley Barham	Florence AL	20	202	102	44:16.8
10	Mckendrie Murray	Vernal UT	22	380	110	48:07.6
11	Hannah Wood	Birmingham AL	24	191	113	49:35.6

Female 25 to 29

Place	Name	City	Age	Bib No	Overall	Time
1	Mary Catherine Battle	Birmingham AL	25	343	18	23:40.1
2	Jessica Hissam	Huntsville AL	25	351	19	23:40.6
3	Elizabeth Hamlin	Birmingham AL	26	193	31	26:05.5
4	Addison Powell	Birmingham AL	26	194	38	27:20.1
5	Amber Smith	Alabaster AL	26	187	44	28:29.1
6	Emily Collum		25	399	46	28:31.1
7	Palmer Miller	Birmingham AL	26	345	48	28:45.8
8	Sarah Calcatera	Birmingham AL	28	388	53	29:02.0
9	Kaytlin Nowell	Tuscaloosa AL	25	355	54	29:11.8

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Female 25 to 29

Place	Name	City	Age	Bib No	Overall	Time
10	Amanda Missildine	Maylene AL	25	360	55	29:39.0
11	Winston Powell	Birmingham AL	25	361	56	29:40.1
12	Dominique Forte	Moody AL	28	178	61	31:07.5
13	Mary Ann Peek	Mobile AL	26	367	65	31:47.4
14	Kaitlyn Horvath	Atlanta GA	25	225	71	33:29.6
15	Gracie Garrett	Birmingham AL	25	180	83	36:39.0
16	Sarah Quillen	Birmingham AL	25	365	89	37:13.9
17	Brittney Jackson		28	411	115	50:18.5
18	Melanie Rodgers		27	410	116	50:21.3
19	Layla Sims	Pleasant Grove AL	28	389	117	51:07.8
20	Keely Bergeron	Fultondale AL	25	363	120	54:47.6
21	Trent Bergeron	Fultondale AL	25	364	121	54:47.7
22	Rachel Robertson	Birmingham AL	25	196	123	56:03.8

Female 30 to 34

Place	Name	City	Age	Bib No	Overall	Time
1	Kelly Atkins	Birmingham AL	34	188	17	23:39.3
2	Maegan Powell		32	431	22	25:37.8
3	Sara Samchok	Irondale AL	30	358	35	27:03.1
4	Becky Tomlin	Birmingham AL	33	403	43	28:19.1
5	Brittney Gray	Bessemer AL	32	222	67	32:44.0
6	Melinda Williams	Birmingham AL	31	342	94	39:22.3
7	Alisha Camp		33	409	96	39:39.2
8	Mary Springer	Jacksonville AL	33	204	103	45:16.2
9	Kaylin Moran		33	406	124	56:11.0

Female 35 to 39

Place	Name	City	Age	Bib No	Overall	Time
1	Cara Morantz	Birmingham AL	35	370	27	25:54.6
2	Erica Lawson	Birmingham AL	38	394	66	32:43.9
3	Cara Bullard	Birmingham AL	36	181	72	34:06.0
4	Lindsey Dixon	Moody AL	35	201	112	48:23.8

Female 40 to 44

Place	Name	City	Age	Bib No	Overall	Time
1	Tara Pearce	Birmingham AL	44	397	74	34:54.1

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Age Group Results

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Female 40 to 44

Place	Name	City	Age	Bib No	Overall	Time
2	Lelia Collins		41	418	86	37:11.4
3	Nicole Mallory		40	430	91	38:34.2
4	Misty Smith	Helena AL	41	432	108	46:01.2
5	Denise Thomason		41	423	127	56:51.9

Female 45 to 49

Place	Name	City	Age	Bib No	Overall	Time
1	Roxanne Stmartin		47	417	87	37:11.5
2	Tiffanie Crumbley	Birmingham AL	48	366	99	43:18.1
3	Patrice Anderson	Jacksonville AL	45	203	104	45:25.0

Female 50 to 54

Place	Name	City	Age	Bib No	Overall	Time
1	Mary Beth Rooney	Birmingham AL	52	383	78	36:09.3
2	Desiree Wilson	Steens MS	51	385	90	37:23.9
3	Rebecca Maxson	Birmingham AL	50	217	97	41:18.7
4	Lisa Robertson		53	404	122	56:03.7

Female 55 to 59

Place	Name	City	Age	Bib No	Overall	Time
1	Gwendolyn Sanders	Oneonta AL	56	347	76	35:11.4
2	Debbie Porter	Birmingham AL	55	223	85	36:52.6
3	Patty Perez	Birmingham AL	58	359	98	42:13.6
4	Tina Barnes		57	422	118	54:23.6

Female 60 and Over

Place	Name	City	Age	Bib No	Overall	Time
1	Deb Wieberg	Jemison AL	60	379	119	54:23.7
2	Carol Moran		62	405	125	56:11.1

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Are You Able 5K

Age Group Results

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Male Open Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Austin Duckworth	Austin TX	29	398	1	15:53.2
2	Gideon Waithera		38	438	2	18:51.7
3	Joseph Louallen	Birmingham AL	24	354	5	20:02.4

Male Masters Winners

Place	Name	City	Age	Bib No	Overall	Time
1	Rhett Wheeler	Birmingham AL	45	391	8	21:16.3
2	Travis Self		54	401	12	22:34.4
3	Chris Eidson	Birmingham AL	47	214	14	22:50.1

Are You Able 5K

Age Group Results

5K

Male No Age Provided

Place	Name	City	Age	Bib No	Overall	Time
1	Unknown Partic. 441			441	105	45:28.4
2	Unknown Partic. 439			439	128	56:54.6

Male 14 and Under

Place	Name	City	Age	Bib No	Overall	Time
1	Wyatt Pearce	Birmingham AL	9	213	75	34:56.1

Male 20 to 24

Place	Name	City	Age	Bib No	Overall	Time
1	Michael Becher	Birmingham AL	24	392	6	20:36.1
2	John Vass	Birmingham AL	21	357	11	22:15.9
3	Caleb Wilson	Birmingham AL	24	185	26	25:50.9
4	Michael Waldrum	Birmingham AL	24	378	32	26:18.3
5	Austin Sapp	Maylene AL	24	435	80	36:16.1
6	Taylor Trumbower	New Orleans LA	24	344	114	49:35.7

Male 25 to 29

Place	Name	City	Age	Bib No	Overall	Time
1	Andrw Rose	Irondale AL	26	199	20	25:19.1
2	Devin Davis		27	429	36	27:11.3
3	Hugh Warren	Tuscaloosa AL	25	382	37	27:12.8
4	Jonathan Bush	Birmingham AL	27	407	42	28:14.7
5	Adam Smith	Huntsville AL	25	224	47	28:31.2
6	Matt Tracy	Birmingham AL	28	434	49	28:49.4
7	Brian Romano	Irondale AL	25	377	50	28:54.5
8	Trey Weichman	Trussville AL	27	387	58	30:14.7
9	Will Battle	Birmingham AL	28	375	107	45:29.6
10	Nolan Moran	Birmingham AL	26	369	126	56:11.8

Male 30 to 34

Place	Name	City	Age	Bib No	Overall	Time
1	Neal Owens	Birmingham AL	31	192	7	20:47.0
2	Tim Coleman	Birmingham AL	30	413	10	22:03.9
3	Jamie Schor	Birmingham AL	34	396	21	25:30.9

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Male 30 to 34

Place	Name	City	Age	Bib No	Overall	Time
4	Byron Lai	Birmingham AL	32	373	23	25:38.2
5	Michael Bagwell	Birmingham AL	30	186	24	25:38.2
6	Jordan Dean		30	416	41	27:53.5
7	Howard Hall	Birmingham AL	32	374	106	45:29.0

Male 35 to 39

Place	Name	City	Age	Bib No	Overall	Time
1	Stephen Lord		38	412	25	25:48.6
2	Jeff Lawson	Birmingham AL	38	393	34	26:37.4

Male 40 to 44

Place	Name	City	Age	Bib No	Overall	Time
1	Paul Sykes	Birmingham AL	41	218	39	27:28.5
2	Paul Mathews	Birmingham AL	44	221	62	31:08.7
3	Corey Stubbs	Vernal UT	44	348	111	48:07.6

Male 45 to 49

Place	Name	City	Age	Bib No	Overall	Time
1	Peter Kellen	Birmingham AL	47	371	30	26:00.5
2	John Lowman	Birmingham AL	47	420	59	30:53.5
3	Benjamin Pearce	Birmingham AL	46	212	73	34:47.7

Male 50 to 54

Place	Name	City	Age	Bib No	Overall	Time
1	Mario Regris		54	436	45	28:29.6
2	Bo Andrews	Birmingham AL	50	386	60	31:06.9
3	Brian Rooney	Birmingham AL	52	384	77	36:09.2
4	David Lea	Northport AL	52	356	82	36:27.8
5	Jay Media Rime		51	433	109	46:01.3

Male 55 to 59

Place	Name	City	Age	Bib No	Overall	Time
1	David Morris	Birmingham AL	58	426	63	31:14.5

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Age Group Results

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Male 55 to 59

Place	Name	City	Age	Bib No	Overall	Time
2	Donald Lein	Birmingham AL	57	368	64	31:29.2

Male 60 and Over

Place	Name	City	Age	Bib No	Overall	Time
1	Craig Maxson		63	408	16	23:13.4
2	Skip Mathews	Trussville AL	63	362	28	25:59.5
3	Edward Balthrop		75	421	100	44:09.0
4	David Cheng		70	414	101	44:13.3