

Race Date  
March 16, 2019

Restoration 5K/15K  
Age Group Results

15K

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Alison Lollar	Birmingham AL	39	72	9	1:22:39.8
2	Christine Gawronski	Pelham AL	32	5	13	1:28:44.2

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### 15K

Race Date  
March 16, 2019

#### Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Sally Singleton	Columbia SC	27	21	22	1:36:41.1
2	Brooke Bambis	Fort Lauderdale FL	20	31	42	1:51:29.1
3	Christine McBride	Birmingham AL	26	56	48	1:56:06.0

#### Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Heather White	Birmingham AL	31	49	26	1:40:20.7
2	Anna Humphreys	Pell City AL	31	76	37	1:47:33.9
3	Lora Russell	Homewood AL	38	29	40	1:48:46.0
4	Leigh Edmonds	Mount Olive AL	38	2	41	1:50:34.4
5	Teri Bossard	Mc Calla AL	39	75	46	1:53:34.4
6	Sara Kaylor	Tuscaloosa AL	36	38	64	2:11:37.9
7	Lauren Weber	Pinson AL	33	62	66	2:18:09.1
8	Angela Cochis	Birmingham AL	36	45	68	2:24:08.3

#### Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Ashley Dawson	Birmingham AL	48	42	15	1:29:40.9
2	Tamara Oechslin	Birmingham AL	45	16	31	1:42:10.6
3	Jennifer Croker	Birmingham AL	44	10	45	1:53:30.0
4	Marlene Silwal	Pelham AL	46	47	56	2:03:58.2
5	Misty Fontenot	Birmingham AL	42	18	57	2:04:19.8
6	Katina Stewart	Whigham GA	46	7	61	2:05:54.1

#### Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Monica Henley	Birmingham AL	54	57	58	2:04:21.9
2	Gwendolyn Sanders	Oneonta AL	56	4	63	2:10:39.1
3	Susan Johnson	Decatur AL	54	48	69	2:24:20.9
4	Angela Harris	Jasper AL	50	54	71	2:33:50.7

#### Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Karen Monosky	Mount Olive AL	61	51	67	2:24:02.0

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Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Richard Kimani	Birmingham AL	30	79	1	1:06:11.0
2	Austin Farmer	Hoover AL	27	67	2	1:06:42.6

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**Male 20 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Anthony Spencer	Birmingham AL	29	78	6	1:16:10.9
2	Alex Brewer	Birmingham AL	26	13	18	1:35:03.0
3	David Deiters	Birmingham AL	28	32	30	1:41:41.9
4	Lee Cox	Deatsville AL	29	41	39	1:47:38.9
5	David Landry	Birmingham AL	26	68	49	1:56:06.5

**Male 30 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Tim Spaulding	Oakwood OH	39	46	3	1:11:27.6
2	T Justin Bronder	Satellite Beach FL	39	63	4	1:11:32.5
3	Jessie Burton	Birmingham AL	32	19	5	1:11:36.4
4	Matt Roberts	Birmingham AL	30	17	10	1:23:26.2
5	Kenny Fair	Birmingham AL	37	23	12	1:24:55.5
6	Blake Serota	Birmingham AL	34	6	16	1:32:24.3
7	Joshua Gargus	Trussville AL	31	24	20	1:36:04.9
8	Grant Francis	Birmingham AL	34	3	23	1:37:13.5
9	Kevin Jordan	Birmingham AL	39	36	24	1:37:24.3
10	Chip Ferrell	Hoover AL	35	37	33	1:44:25.8
11	Andrew Larkin	Birmingham AL	39	34	34	1:45:17.9
12	Keaton Adams	Birmingham AL	30	8	36	1:47:18.3
13	Grant Shipley	Mulga AL	36	55	47	1:53:35.0
14	Stephen Rush	Jonesboro AR	38	65	54	2:00:26.1
15	Joseph Lawhorn	Hoover AL	36	50	60	2:04:48.7

**Male 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Erik Johnson	Northport AL	43	71	8	1:22:17.4
2	Dennis Davis	Rainbow City AL	47	77	11	1:23:46.5
3	Holger Schmid	Birmingham AL	40	40	14	1:29:16.9
4	Jay Haley	Tuscaloosa AL	49	27	17	1:32:54.7
5	Kris Lauridsen	Vestavia AL	45	9	27	1:40:25.7
6	Ryan Bolus	Birmingham AL	40	28	29	1:41:34.8
7	Jeremy Grall	Birmingham AL	45	74	43	1:52:00.7
8	Derek Berry	Trinity AL	48	59	44	1:52:30.8
9	Kevin Gray	Birmingham AL	43	22	51	1:56:28.0
10	David Redden	Birmingham AL	49	1	59	2:04:39.1
11	Frank Myers	Birmingham AL	45	33	62	2:08:51.8

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### 15K

#### Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Mike Schor	Birmingham AL	55	64	7	1:16:24.3
2	Robert Moses	Gadsden AL	59	69	19	1:35:20.9
3	Bryan Meadows	Bessemer AL	50	70	21	1:36:36.3
4	John Cespedes	Sterrett AL	50	20	25	1:38:34.5
5	Bill Woody	Birmingham AL	53	43	28	1:40:28.0
6	Buddy Smith	Birmingham AL	59	58	32	1:42:30.3
7	Lester P. Gable	Leeds AL	53	44	38	1:47:35.9
8	Ricky Nickoles	Northport AL	56	25	53	1:58:35.4
9	Haden McWhorter	Brentwood TN	51	14	55	2:03:31.2
10	Michael Gray	Vance AL	51	61	65	2:15:36.3
11	Jonathan Whiten	Trussville AL	57	35	70	2:28:51.2

#### Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Frank Welch	Birmingham AL	61	73	35	1:47:03.9
2	Todd Brown	Birmingham AL	67	66	50	1:56:09.6
3	Keith Hallmark	Mount Hope AL	63	60	52	1:56:50.3